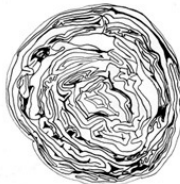


Seeds to Suppers

Abundance Training/Drop-in Sessions

Interested in finding, picking, eating, cooking, sharing fresh local fruit? And getting free fruit to take home? Want to boost your CV with enjoyable volunteering and gain certification?
Thursdays, 10am – 1pm



**At ShipShape Health and Wellbeing Centre,
The Stables, Sharrow Lane, S11 8AE.**

