

PROGRAMME	
11.00	Fair-trade coffee and tea, and biscuits served in the POP UP CAFÉ on the ground floor.
Refreshments served in the POP UP CAFÉ all day to 5.00	
11.45	Our 'story-teller in residence' Carmel Page leads the first promenade to the roof gardens at Union St, the Herb Planter and the Rutland Arms on Brown Street, displaying stone sculpture by Stoneface, and then back to Union St. Enjoy a story at each site and, if you feel peckish, stop off for a pint of real local ale and a dish of special Allotment fayre at the Rutland Arms <i>(return by approximately 12.45)</i>
	Live art studio with Hannah Flynn in POP UP ORCHARD with Sheffield Fruit trees on 1 st floor Visit Hannah while she works on paintings on the fruit and vegetable theme
12.00	Fresh hot SOUP and bread served in the POP UP CAFÉ on the ground floor Vegetable and fruit soups with locally baked bread. Take away the recipes!!
SOUP served in the POP UP CAFÉ day to 5.00	
12.45	Seed Saving and Sowing Workshop on 2 nd floor ROOF GARDEN <i>(until approximately 1.30)</i>
1.00	APPLE JUICING – demonstration on ground floor. Help our Abundance project volunteers pulp apple 'seconds' from our harvests. Sample the juice and buy some to take away.
1.30	Our 'story-teller in residence' Carmel Page leads the second promenade to the roof gardens at Union St, the Herb Planter and the Rutland Arms on Brown Street. <i>(return by approx. 2.30)</i>

2.00	Art Workshop with Hannah Flynn , our 'artist in residence' in the POP UP ORCHARD on the 1 st floor. Make your own greetings cards!! <i>(until approximately 3.30)</i>
2.30	APPLE JUICING – demonstration on ground floor .Help our Abundance project volunteers pulp apple 'seconds' from our harvests. Sample the juice and buy some to take away.
3.30	Our 'story-teller in residence' Carmel Page leads the third promenade to the roof gardens at Union St, the Herb Planter and the Rutland Arms on Brown Street. <i>(return by approx. 4.30)</i>
3.30	Elderberry cordial making workshop 2 nd Floor KITCHEN <i>(until approximately 4.30)</i>
4.00	APPLE JUICING – demonstration on ground floor .Help our Abundance project volunteers pulp apple 'seconds' from our harvests. Sample the juice and buy some to take away.
5.30	CLOSE
OTHER ATTRACTIONS	
Music	Live music throughout the day including veggie and fruity songs from the Ukulele Band
Art	Ruth's Gallery . Display of work by local artists on the theme of growing; in memory of Ruth Davenport, our lovely friend and colleague who died earlier this year.
Showcase of Grow Sheffield's Sheffield Food Network – find local, fair and independent food producers and suppliers in your area and the City!	
Abundance Market Place . Sale of chutney and jams, juice, cards in aid of ASSIST, Community Growers Handbook Sheffield Fruit Trees	

